

Dear Friends,

Welcome to the latest update from NHS East Riding of Yorkshire CCG. The update below is full of the latest news and events from the local NHS and our partners.

Please feel free to forward this on to someone you know to help them access help or support.

Opportunities for members of the public

The [National Institute for Health Research](#) is inviting members of the public to join one of their national and regional committees who are responsible for making funding recommendations in health and social care research

The committees play an important role in helping us deliver our mission to improve the health and wealth of the nation through research. Funded by the Department of Health and Social Care, the NIHR is the nation's largest funder of health and social care research.

We are looking for people who have a broad interest in health, social care and actions to improve public health and address health inequalities.

You do not need to have a scientific background to help us shape research! We are looking for people who are able to use their own experiences to improve the research we wish to fund.

NIHR is committed to creating a supportive, inclusive and positive community. Membership is open to people from across the United Kingdom and we welcome applications from all sections of the community.

[Public Committee Member - NIHR Programmes](#)

We would be happy to answer any questions about these opportunities and provide guidance and support on the application process, please contact us by email:

publicrecruitment@nihr.ac.uk

Humber Youth Action Group

Working with young people to have their say in improving our services and get involved in Trust activities.

The Humber Youth Action Group (HYAG) has been developed to bring those aged 11-25, together with the goal of helping our organisation improve its services for

children and young people. To learn about our services for Children and Young People please [click here](#).

We recognise that young people have an important part to play in improving NHS services for young people. We meet virtually around every 4-6 weeks for approximately 1.5 hours, as well as face-to-face workshops across different locations in Hull and East Riding within the year.

The virtual sessions are fun and friendly where you can meet other young like-minded people to share your thoughts, ideas and experiences of health and health services in your area.

Learn more about the Humber Youth Action Group from Haris, who helped the Trust to create the Youth Board.

[To view in full please click here.](#)

Patient and Public Involvement in research: ESCAPE Trial

We are looking for people with current or previous experience of having a mental health problem to provide advice on the delivery and design of a research project on e-cigarettes. Do you have current or previous experience of a mental health problem or are a carer for someone who is?

[For more information please click here.](#)

E-SCAPE
E-cigarettes for Smoking
Cessation And reduction In
People with mEntal illness

Funded by
**Yorkshire Cancer
Research**



CAN YOU HELP US WITH OUR STUDY?

We are looking for people with current or previous experience of having a mental health problem to provide advice on the delivery and design of a research project on e-cigarettes.

Do you have current or previous experience of a mental health problem or are a carer for someone who is?

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Current or previous experience with smoking is not essential but desirable.

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The group meets every few months (currently online) to help us with various tasks related to the study. You will be reimbursed for your time and travel expenses if appropriate.

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If you think this sounds like something that you would be interested in, or would like more information please contact the research team.

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Email: jodi.pervin@york.ac.uk
a.marshall@york.ac.uk

Call or text: 07384 239038

Respite and Inpatient Workshop

The workshop will focus on peoples experience of respite and inpatient stays, focusing on the learning disability and autism communities. We are looking for people with lived experience of these services to get involved including carers and family members.

[To view the flyer in full please click here](#)

Cervical screening saves lives” says national campaign

The Department of Health and Social Care, with the support of NHS England and NHS Improvement, has launched a Help Us Help You – Cervical Screening Campaign, to highlight the benefits of cervical screening and remind people that it can help stop cancer before it starts. The campaign encourages those eligible for screening - women and people with a cervix aged 25-64 - to respond to their cervical

screening invitation letters and to book an appointment at their GP practice if they missed their last one.

Two women die every day from cervical cancer in England. Yet it is one of the most preventable cancers and getting screened can help stop it before it starts. . Screening checks for certain types of the HPV virus that can cause cell changes to your cervix. Cell changes are easily treated and this prevents cervical cancer.

To encourage those who are eligible to attend cervical screening a new film with British Sign Language has been released featuring Loose Women panellist *Linda Robson*, TV personality *Scarlett Moffatt*, broadcaster *Louise Minchin*, Drag Queen *Victoria Scone* and female rights activist *Sharon Gaffka*, alongside GP and media medic, Dr Zoe Williams. Through life saving conversations, they tackle the barriers to attending cervical screening, encourage those eligible to book their appointment when invited and to contact their GP practice or sexual health clinic if they missed their last screening. You can view the full film with BSL at youtu.be/nmLvYaMs4S8

Women and people with a cervix who have a learning disability are particularly encouraged to attend screening as they are less likely to do so than the general population. To help with this an easy read leaflet which explains why cervical screening is important and what happens at the appointment can be downloaded on the 'Further help and support' pages at www.nhs.uk/cervicalscreening or at: bit.ly/smeat-test-easy-read

For more information about screening visit www.nhs.uk/cervicalscreening

Humber Acute Services Programme partner newsletter

Welcome to the latest edition of our primary, community and mental health partner newsletter, all about the Humber Acute Services programme. In it you'll find the latest news and updates about the programme, alongside information about how you can continue to get involved, share your ideas or ask questions.

[To view in full please click here.](#)

Survey asking Young People in ERY about activities and support in their communities

We have been commissioned by East Riding Council to do a piece of scoping work looking at the provision of community activities and support for young people in some of our most rural areas. This work will contribute to potential future commissioning decisions around additional services and activities for these communities. We would be grateful if you can share this survey as widely as possible with our target group of young people living in the East Riding of Yorkshire.

[Please click here to access the short survey](#), we would like as many young people

as possible from the East Riding to fill in. The closing date for this survey is noon Tuesday **12 April**.

NHS Humber and North Yorkshire Integrated Care Board – Humber and North Yorkshire ICS - Development of the Public and Patient Engagement Strategy

This year will see NHS organisations across Humber and North Yorkshire coming together in a new way to plan and deliver services. These changes enable health and care organisations to join up more effectively to improve the health and wellbeing of people and communities. We will all be able to work together in a refreshed way to collectively improve population health and healthcare, tackle inequalities in access and experience and enhance productivity and value for money.

We would be grateful for your input to shape the emerging strategy of public and patient involvement for our new way of working. You can share your views with us by completing this [questionnaire](#). It will take about 10 minutes and will close on **10 April 2022**.

#SolvingTogether Social Influence and Engagement Toolkit for Regions, Systems and All NHS Organisations

What is #SolvingTogether, and what does it aim to do?

Despite ongoing pressures on staff, hardworking teams across the NHS have continued work hard to reduce waiting times. We also want to support people to stay as well as possible whilst waiting.

Our pandemic response clearly showed that by working together we could develop, test and adopt effective solutions to health challenges at an incredible pace. Just as with the pandemic response, we are looking to you, the experts in delivering high quality care, for ideas for how best to address the challenges we now face.

[To view in full please click here.](#)

Telephone be-friending to help battle loneliness among LGBT+ older people

Re-engage, the charity dedicated to combating loneliness and social isolation, has launched a free telephone be-friending service for older LGBT+ people. The service is specifically for lesbian, gay, bisexual, transgender + people aged 75 and over who would like to speak to someone who's also LGBT+. The same volunteer will phone each week to provide much needed friendship and conversation

If you would like to be matched with one of our friendly rainbow call companions, or know someone aged 75 and over from the LGBT+ community who could benefit from a weekly chat, call 0800 716 543 (freephone) or email:

samuel.higgins@reengage.org.uk

[Further information can also be found on the CCGs website here.](#)



Humber Acute Services (HASR) - Survey

We have been doing lots of listening to staff, partners, patients and members of the public over recent months and it is clear that the name of our programme – Humber Acute Services or HASR – does not mean a lot to most of the people we speak to.

As we continue to plan for public consultation, we need a name that can engage and allows the public, staff and other key stakeholders to grasp the nature of the work we are doing. Please click below to vote for your favourite name or make an alternative suggestion – it will only take a minute of your time.

[Please click here to take part in the survey.](#)

The survey is due to close on the **18 April**. If you have any further questions please contact kia.alvani@nhs.net

Would you like to help shape mental health services in the East Riding

The East Riding of Yorkshire Council and East Riding of Yorkshire Clinical Commissioning Group are keen to hear from people who have lived experienced of mental health issues or an interest in mental health.

We are inviting you to join our mental health chat to promote the voices of local residents who understand what is working well in mental health services, what could be better and what we can learn.

If you are over 18 and would like to be involved our next event will be on 28th April

at: Waffle 21, Swinemoor Lane 6.00-8.00 pm Refreshments Included Beverley , HU17 0LS Please email: eryccg.mhc@nhs.net for further information.

[For more information please click here.](#)



EAST RIDING
OF YORKSHIRE COUNCIL



Humber Teaching
NHS Foundation Trust

Mental Health Chat



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Healthy Minds
In East Riding