

Newsletter May 2024

Welcome to the May edition of the East Riding Safeguarding Children Partnership newsletter where we are pleased to provide the latest campaigns, guides, and information for practitioners.

We have lots to bring you this month including details about Safeguarding Week, which starts on 17 June.

We bring you advice and guidance on where to find help and tips for young people as we approach **exam season and the following**transitional weeks of change.

We can direct you to a range of excellent resources to support your practice on a day-to-day basis on topics relating to **Children's**Mental Health, including information on HOPELINE UK, a suicide prevention service provided by Papyrus as well as free SPARK training sessions focusing on suicide prevention.

We also have a summary of the updated **Working Together to Safeguard Children 2023** including where to find further details on the statutory framework and guidance.

ERSCP TRAINING

View the latest child safeguarding training offer at:

https://www.erscp.co.uk/learn ing-and-development/

To register for an account on our Learning Platform go to:

https://eastridingscp.vcenable.co.uk/Register







Working Together 2023

The Government published a revised Working Together to Safeguard Children in December 2023 alongside the new Children's Social Care National Framework.

What do I need to know?

Everyone who provides support to children, young people and families should read Working Together to Safeguard Children 2023 to understand what the changes mean for their practice. The ERSCP has circulated a briefing note to alert practitioners to key changes and will be hosting a live webinar to discuss the update, details of which can be found below:

Working Together to Safeguard Children is statutory guidance which outlines how practitioners working with children, young people and families should work together to ensure that children and young people remain safe from harm.

The Department for Education (DfE) published a new edition of Working Together to Safeguard Children in December 2023. The 2023 edition replaces Working Together to Safeguard Children 2018. It outlines what organisations and agencies must and should do to help, protect, and promote the welfare of all children and young people under the age of 18 in England:

All practitioners should ensure that they are up to date on the main changes which include:

• the multi-agency expectations for all practitioners

· working with parents and families

roles and responsibilities of safeguarding partners

the role of education and childcare providers

- multi-agency practice standards
- support for disabled children
- tackling harm that occurs outside the home

What do I do next?

Reserve a place to join the live webinar on the Working Together 2023 guidance on **5 June at 12:00pm or 3:30pm**. The discussion will be hosted by Matthew Todd ERSCP Policy and Practice Development Officer via Teams. Matt will outline key changes to the guidance and implications for safeguarding practice.

To access this event please follow the link to our learning platform via https://eastridingscp.vc-enable.co.uk/Events/Available or contact ERSCP enquiries at erscp.enquiries@eastriding.gov.uk



Please view Working to Safeguard Children 2023 and related documents:

- An updated Working Together 2023 <u>statutory framework</u> which outlines legislation relevant to safeguarding.
- The <u>Children's Social Care National Framework</u> which sets out expectations for senior leaders, practice supervisors and practitioners in local authorities.
- <u>Improving practice with children, young people, and families guidance, which provides advice</u> to local areas on how to embed Working Together and the National Framework in practice.

Safeguarding Week June 17-23 2024





Child Safeguarding Week 17th- 21st June 2024

Monday 17th

Engaging males, fathers and partners 12pm - 1pm

ICON and Safe Sleep **4pm-5pm**

Tuesday 18th

Bruising and injury to non-mobile infants' policy 12pm-1pm

Wednesday 19th

Bruising and injury to non-mobile infants' policy **4pm-5pm**

Thursday 20th

Infant bonding and attachment 12am-1pm

Friday 21st

Engaging males, fathers and partners

9:15am- 10:15am

ICON and Safe |Sleep |12pm-1pm



The theme for Child Safeguarding Week 2024 in Hull and East Riding of Yorkshire is the vulnerability of babies.

The HSCP and ERSCP are jointly hosting a series of 1 hour online Microsoft Teams briefings that will be available for partners to join for free throughout the week.

Briefings will be recorded and available after the sessions via the ERSCP and HSCP.

Hull & East Riding Safeguarding
Children Partnerships will be working
together to offer six webinars on the
critical theme 'the vulnerability of
babies' as part of

Safeguarding Week 2024.

The webinars will include:

Learning from recent national and local child safeguarding practice reviews.

The Joint Hull and East Riding Vulnerability of Babies and Young Children Policy which provides guidance to all practitioners on non-accidental injury and bruising to non-mobile babies and young children.

Safe sleep and managing crying strategies, non-accidental traumatic head injury and the ICON programme.

How to engage fathers, partners, and wider family networks.

Registration for the sessions will open via our LMS Learning
Platform - be sure to have the dates set aside in your diary:

https://eastridingscp.vcenable.co.uk/Events/Available



Child Mental Health Support: Resources

Agency Contact Details	Support Available
Young Minds https://youngminds.org.uk/	Tips, advice and where to get support for children and young people's mental health.
Anna Freud Centre Self-care Resources https://www.annafreud.org/on-my-mind/self-care/	Simple self-care resources available on emotional health and wellbeing.
Calm Zone https://www.thecalmzone.net/	Help for children and young people to overcome stress and anxiety.
Kooth https://www.kooth.com/	Free online safe and anonymous mental health & wellbeing support (age 11-25).
ERYC Happy and Well Me https://eastridinghealthandwellbeing.co.uk/	Local and national support to children and young people to be happy and well. Includes social, sport and support groups to help them thrive in all aspects of their life.
ERYC Family Information Services Hub https://fishwebsearch.eastriding.gov.uk/fishwebsearch/	Information and guidance about a wide range of services for children, young people, and their families.
NSPCC Children's mental health guidance https://www.nspcc.org.uk/keeping-children- safe/childrens-mental-health/	Advice to help support children and young people who may be experiencing depression, anxiety, suicidal feelings, or self-harm.





HOPELINE UK by Papyrus



What is PAPYRUS HOPELINEUK?

HOPELINE UK advisers want to work with people to understand why thoughts of suicide might be present. They provide a safe space to talk through anything happening in a person's life that could be impacting on a person's ability to stay safe.

For children and young people under the age of 35 who are experiencing thoughts of suicide

For anyone concerned that a young person could be thinking about suicide.

Sinking Feeling

PAPYRUS has developed an animation created in collaboration with the BAFTA Award-winning animation studio, Blue Zoo.

Sinking Feeling tackles the heart-breaking reality that many children and young people are suffering in silence without the vital help and support they need.

The animation is designed to encourage more people to spot the signs and help guide young people away from thoughts of suicide. Please share this video within your team:

https://www.papyrus-uk.org/sinking-feeling-animation-launch/

PAPYRUS website:

https://www.papyrus-uk.org/hopelineuk/

Contact HOPELINE UK

If you are having thoughts of suicide or are concerned for a young person who might be then contact HOPELINE UK for confidential support and practical advice.

Call: 0800 068 4141

Text: 07860039967

Email: pat@papyrus-uk.org

Opening hours:

9am - midnight every day of the year

(Weekends and Bank Holidays included)





SPARK: An Introduction to Suicide Prevention and Papyrus

The coming weeks are not only a time when the pressure of exams can affect our young people; the time following the exam season can also be a cause for anxiety. Waiting for results, or perhaps being unsure of next steps are just some of the factors that can have a negative impact on mental health during such an intense period of transition, which sometimes can bring an increased risk of self-harm or suicidal thoughts.

The ERSCP have worked with PAPYRUS to offer two free training sessions to support practitioners who may be working with young people experience high anxiety or a difficult period of transition:

SPARK: Suicide Prevention Awareness, Resource, Knowledge.

An introduction to PAPYRUS and suicide prevention

The key objectives of the SPARK course are:

- To increase awareness of suicide and suicide prevention
- To provide information about PAPYRUS Prevention of Young Suicide
- To develop Hope and encourage action for a suicide-safer community
 - To understand the importance of self-care.

Thursday 6 June 2024 at 4:00pm

June 2024 at 12:00pm

Each session will be comprised of a 30-minute presentation followed by a 15-minute discussion time. These are virtual sessions, and the meeting link will be available when you complete your registration for the event.

To book a place, please log in to your LMS Learning account and go to Available Events or click on the date above that you wish to attend.





ERSCP Training Offer

Vulnerability of Babies and Young Children

- Understand the importance of taking immediate action.
- Understand why children under five are more vulnerable to harm than any other age group.
- Know some of the key vulnerabilities and actions that can be taken to prevent harm.

Available dates:

20 June 2024 9:30 - 4:30

10 September 2024 9:30 - 4:30

4 December 2024 9:30 - 4:30

To reserve your space on the training please click on the date you need and log on to the ERSCP LMS

https://www.erscp.co.uk /more/training/

How to contact the ERSCP:

01482 396994

□erscp.enquiries@eastriding.gov.uk

X Account @EastRidingSCP

www.erscp.co.uk



ERSCP Information



If you believe a child is in immediate danger and at risk of harm call the police on 999

Practitioners please follow the ERSCP Effective Support Guidance which is available at www.erscp.co.uk

Useful Information, Policies and Guidance

To access the material below please follow the link to our website: www.erscp.co.uk

<u>Vulnerable Babies</u> including case reviews, local support, Safer Sleep resources and injury awareness on non-mobile infants.

<u>Early Help Assessment Guidance</u> including assessment guide and assessment template.

<u>East Riding Collaboration with Barnardo's</u> including guidance on use of language, lived experiences, and working directly with families.





East Riding joins 'Check. Think. Report.' campaign to guide parents during child disappearances



East Riding of Yorkshire Council is supporting the 'Check. Think. Report.' campaign, as it launches across Europe on International Missing Children's Day (Tuesday 21 May).

The campaign is launching in 16 countries and 14 languages by AMBER Alert Europe, The European Centre for Missing Children. It is aimed at parents and caregivers, provides them with a comprehensive step-by-step guide on what to do and what to expect if their child goes missing. The core advice is to "Check" to verify the child's absence, "Think" to recall crucial details and assess the situation, and "Report" to notify the authorities promptly.

Councillor Victoria Aitken, cabinet member for children, families and education said: "The number of children who go missing in the East Riding is low by comparison to other areas, however any child going missing is one too many. In such distressing moments knowing what steps to take can make all the difference.

"Providing our parents and carers with the Check. Think. Report. advice can only help them to act swiftly and effectively in the event if a child's disappearance."

AMBER Alert Europe has collaborated with experts in the field of missing persons to develop the campaign.

For more information about the campaign, please visit www.amberalert.eu/check-think-report





MY CHILD IS MISSING, & EAST RIDING



WHAT CAN I DO?

START HERE

MY CHILD IS A...



Check dangerous places in your house

For example: inside the freezer, refrigerator or laundry machine.

Check dangerous places outside

For example: near water, such as ponds and swimming pools, or near a busy street.

Check places hidden from sight

For example: the back of a closet. in a shed or under their bed. They might hide and fall asleep.

Skip this phase if you can't find your missing toddler inside or in the area directly around your house.

Call the police to report your child missing

Call your local police. No more time should pass without police officers coming over to assist you in finding your child.

SCHOOL-AGED CHILD



Check if they are still inside your house

places outside

For example: near water, inside the trunk of a car, at construction areas or other dangerous places.

Check with parents of your child's friends

they might be missing

Think about their routines and recent activities. Any recent outings or activities your child engaged in? Any places or people they wanted to visit? Any favorite places they like to go to?

Call the police to report your child missing

You don't have to wait 24 hours

TEENAGER



Check in and around your house

Check for possible clues

social media or other forms of communication.

Reach out to your child's friends

Think about recent changes in behavior

Any unusual behavior such as wearing different clothes. associating with new friends, or signs of substance use?

of your child going missing

Was there an argument or incident prior to your child going missing? Is there anything that may be drawing your child away?

Call the police to report your child missing

You don't have to wait 24 hours

Check. Think. Report. is a simple step-by-step approach designed by law enforcement experts to help you navigate the situation.

Please circulate 'Check. Think. Report.' Missing Map to all practitioners and families